



June 6, 2024

Dear Wabash Upperclassman:

Welcome back to Wabash from the staff of the Wabash Student Health Center! Please read this entire letter to ensure that you complete all the requirements for upperclassmen. Student-athletes should also be receiving a separate email from the Athletic Department staff.

General Health Information/Recommendations

All returning varsity athletes are required to have a brief medical check performed by the athletic trainers and/or College Nurse before participating in practice or competition. If you did not have this check before the end of last semester, please reach out to the athletic trainers to arrange this for as soon as you return to campus. New athletes will need a full pre-participation evaluation free of charge on campus. Your coach or the Athletic Department staff will inform you of the date of the pre-participation exam for your sport. If you have suffered a significant injury, or had surgery in the last 12 months that we are unaware of, you will need to provide a letter to our athletic training staff from your treating physician clearing you to play.

Varsity athletes who take medications for ADD/ADHD and don't have the required paperwork on file with the Health Center will need to have your health care provider complete the required form and provide records as indicated in the "ADD Medication Form for Athletes" that should be in your Student Health Portal at <https://wabash.studenthealthportal.com>.

A Few Reminders

All students are required to have health insurance. You should receive information about this from the College Business Office. Please contact them with insurance questions. For questions regarding the secondary athletic insurance, you may reach Tori Gregory, Assistant Athletic Director, or Head Athletic Trainer, Mike Sahm. Please note that your private health insurance may have a limited network of doctors or other restrictions that may not pay for doctors, testing, or treatment in Crawfordsville. Receiving care at the Student Health Center is free. Laboratory tests, X-rays and any other procedures will be billed to your private insurance. If you receive care off-campus, it can cost you hundreds or even thousands of dollars. You must have a copy of your insurance card with you at school.

The details of the care you receive while at Wabash are protected by federal law. Parents will be informed of your health condition only when authorized by you, or in emergency situations. Parents may also be informed if you have a health problem where you could present a danger to yourself or others. See Wabash's FERPA policy for further details.

If you have any questions regarding the Student Health Center please call or email us using the contact information below. Have a safe and enjoyable summer, and we look forward to seeing you in the fall.

Sincerely,

Christine Amidon MSN, APRN, FNP-C

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